



Oriental chicken with couscous

art no 7245 (SE/NO/DK/EN/FI)

art no 7644 (EN/DE/FR/ES)

Ingredients:

Couscous [35 %] (**durum wheat flour**), vegetables (carrot, tomato, green pepper, green beans, onion), palm fat, apple, chicken [7.2 %], apricot, **crème fraiche**, salt, yeast extract, potato starch, spices, orange, **skimmed milk powder**, flavouring, rice flour, **milk protein**, preservative (**sulphur dioxide**).

Preparation:

1 Tear off the top and fold out the bottom

2 Add 400 ml of boiling water (level G)

3 Stir

4 Re-seal, wait 10 mins

Add more water if required.

Can be prepared using cold water, extend the time to > 30 mins

Nutritional declaration	Serving portion (approx 540 g)	Temperature	Shelf life
		22	3 years
		37	4 months*
Energy (kJ)	2750 kJ	50	1 month*
Energy (kcal)	650 kcal	* The product is safe to eat within 3 years. The specified shelf life is for product with maintained taste quality.	
Fat	20 g		
of which saturated fat	10 g		
Carbohydrate	93 g		
of which sugars	16 g		
Fiber	8 g		
Protein	20 g		
Salt	4,3 g		



The composition of the product can change. Therefore, read always the ingredient list on the product.

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