



Outdoor Meal

## Pasta with tomato and garlic

art no 7244 (SE/NO/DK/EN/FI)

art no 7633 (EN/DE/FR/ES)

### Ingredients:

Pasta [55 %] (**durum wheat** flour, salt), vegetables (tomato [23 %], onion, carrot, parsnip), palm fat, sugar, salt, maltodextrin, parsley, flavouring, chilli powder, jalapeño, garlic extract.

### Preparation:

1 Tear off the top and fold out the bottom

2 Add 400 ml of boiling water (level G)

3 Stir well

4 Re-seal, wait 10 mins

Add more water if required.

Can be prepared using cold water, extend the time to > 30 mins

Nutritional declaration	Serving portion (approx 545 g)	Temperature	Shelf life
		22	3 years
		37	4 months*
		50	1 month*
Energy (kJ)	2750 kJ	* The product is safe to eat within 3 years. The specified shelf life is for product with maintained taste quality.	
Energy (kcal)	650 kcal		
Fat	19 g		
of which saturated fat	11 g		
Carbohydrate	99 g		
of which sugars	21 g		
Fiber	8 g		
Protein	17 g		
Salt	5,3 g		



The composition of the product can change. Therefore, read always the ingredient list on the product.

**Marketed by** Continental Foods Sweden AB,  
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